

Vālenz Surgical & Imaging:

Quality Care, Close to Home at \$0 Cost*

Call (877) 438-5479 to get started

As part of your employer benefits, you can schedule your surgical and imaging services at no cost.

Our Care Navigation team will help you book your non-emergent surgery and imaging. With a nationwide network of 2,000+ locations, we'll help you choose a high-quality provider that best fits your needs and guide you through the process from referral to appointment.

Getting Started is Easy:

- 01 Call:** Contact (877) 438-5479 before scheduling with an outside provider.
- 02 Referral Received:** Valenz receives your provider's order for review.
- 03 Confirm eligibility:** We'll verify your benefits and confirm order details with your provider.
- 04 Scheduling:** We'll suggest nearby options close to your home or work and assist in scheduling your appointment.
- 05 Receive your voucher:** We'll email you a voucher to show the facility instead of your insurance card on the day of your procedure.



We're here to support you every step of the way!

*\$0 Out-of-Pocket is subject to plan coverage requirements. To receive these benefits, members must schedule at the number provided; HSA Plans require first dollar coverage from patient before procedure up to IRS Minimum, before program incentives are received.

Common Procedures:

- | | | | |
|----------------|--------------------|------------|----------------|
| • Ankle & Foot | • Elbow | • Hip | • Spine |
| • Arthroscopy | • Gastroenterology | • Imaging | • Urology |
| • Colonoscopy | • General Surgery | • Knee | • Wrist & Hand |
| • ENT | • Hernia Repair | • Shoulder | • And More |



To learn more or schedule a procedure, contact us at:

Phone: (877) 438-5479

Email: nocostcare@valenzhealth.com

URL: surgicalimaging.valenzhealth.com



Valenz Surgical & Imaging

Surgery simplified.



Välenz Health® offers Valenz Surgical & Imaging, the nation's largest surgical and imaging direct contracting solution. We deliver significant savings to you and your employees, while simplifying the complexity of healthcare – the way it should be.

Experience

- 1 in 3 employees use the program more than once within a year
- Our surgical procedures typically constitute 30–35% of your annual medical spend
- Patient no longer avoids a procedure that they possibly couldn't afford
- Our surgical and imaging bundles are integrated with 45 TPA's around the country

Largest national footprint

- Facilities in all 50 states.
- Adding new facilities monthly.
- Patients travel less than 60 miles.

Savings



Over 400

Procedures Available



50%

Average Savings



\$310 per Employee

per Year Saving



For smarter, better, faster healthcare,
contact careteam@valenzhealth.com

How it works for employees?

Before seeking In-Network Providers through your health plan, just call your navigator regarding your elective procedure. By choosing a provider, you will always pay **\$0***.

*Incentives subject to plan coverage requirements; HSA Plans require first dollar coverage from patient before procedure up to IRS Minimum, before program incentives are received.



Case Studies:



Total Knee Replacement

Plan Paid: \$65,254

Our All-Inclusive Price: \$33,394



Colonoscopy

Plan Paid: \$4,673

Our All-Inclusive Price: 2,469



Total Hip Replacement

Plan Paid: \$47,973

Our All-Inclusive Price: \$23,400



MRI of Abdomen

Plan Paid: \$1,228

Our All-Inclusive Price: \$650

Procedures:

- Ankle & Foot
- Arthroscopy
- ENT
- Elbow
- Gastroenterology
- General Surgery
- Hip
- Knee
- Shoulder
- Spine
- Urology
- Wrist & Hand
- And More



Valenz Surgical & Imaging

Learn more about this no cost surgery and imaging benefit!

Scan this QR code



or text **“nocostcare”** to **(866) 773-9354**
to subscribe to our reminders!

Consent is not a condition of purchase. Message frequency varies. Reply STOP to opt out or HELP for help. Message & data rates apply. Terms & Privacy: slktx.io/5s8c

Ear, Nose & Throat

Inner Ear – Stapedectomy;
Mastoidectomy (Simple);
Tympanoplasty and Mastoidectomy;
Myringoplasty; Ossiculoplasty;
Bilateral Submucosal Resection of
Turbinates; Septoplasty; Sinus /
Turbinates; Bilateral Parotidectomy;
Thyroidectomy – Total or Partial,
Complex; Adenoidectomy;
Adenoidectomy and BMT;
Tonsillectomy; Frenulectomy;
Esophagoscopy – With or Without
Dilatation / Biopsy

Elbow

Arthroscopy; Bursectomy; Distal
Biceps Re-attachment; Ulnar Nerve
Transposition / Epicondylectomy

Foot & Ankle

Ankle Arthroscopy; Achilles Repair;
Tarsal Tunnel Release; Brostrom
Repair of Ankle / Reconstruction;
Bilateral Bunionectomy; Unilateral
Bunionectomy; Hammertoe
Reconstruction; Arthrodesis of Great
Toe / Metatarsophalangeal Joint;
Plantar Fasciotomy; Tarsal Tunnel
Osteotomy; Partial Excision of
Gastrocnemius Recession; Morton's
Neuroma Excision

General Surgery

Hemorrhoidectomy; Non-Urgent
Laparoscopic or Open
Cholecystectomy/Gall Bladder
Removal; All Hernia Repairs; Pilonidal
Cyst Removal; Non-Urgent
Laparoscopic Appendectomy

GI

Colonoscopy; EGD

GU

Anterior Repair; Epididymectomy /
Partial Epididymectomy; Total
Hydrocelectomy; Transurethral
Resection of Prostate; Mini-Arc
Urethral Suspension; Posterior Repair

Hardware Removal

Complex; Simple

Hip

Hip Arthroscopy (Simple or Complex)
With / Without Labral Repair; Total or
Partial Hip Arthroplasty (Repair) –
Includes Implants

Imaging

MRI; CT Scans; PET Scans;
Arthrograms; X-ray in conjunction
with MRI / CT

Knee

Arthroscopy; Anterior Cruciate
Ligament Repair with Allograft or
Autograft; Posterior Cruciate
Ligament Repair; Medial Collateral
Ligament; Tibial Tubercle Osteotomy;
Complete Synovectomy;
Chondroplasty; Medial & Lateral
Meniscectomy; Total or Partial Knee
Arthroplasty (Knee Replacement)

Shoulder

Rotator Cuff Repair – Arthroscopic
and Open; Shoulder Manipulation
(with/without anesthesia); Repair
Pectoralis Muscle Rupture; Bankart
Stabilization/Labral Repair; Distal
Clavicle Excision; Extensive
Debridement; Subacromial
Decompression – Arthroscopic; Total
Shoulder Arthroplasty / Replacement

Spine

Microdiscectomy; Lumbar
Laminectomy; Anterior Cervical
Discectomy with Fusion, 1 level
(includes hardware); Anterior
Cervical Discectomy with Fusion, 2
level (includes hardware)

Women's Health Surgery

Hysterectomy; Hysteroscopy

Wrist & Hand

Carpal Tunnel Release (Open or
Laparoscopic); Dupuytren's
Contracture; Trigger Finger; Excision
of lesion of tendon sheath or joint
capsule (e.g., cyst, mucous cyst, or
ganglion); Ganglion Excision;
Synovectomy / Tenosynovectomy

Other Specialties Offered*

Bariatric Surgery; Regenexx (non-
surgical treatment for orthopedic
issues)

(*if covered under the employer-
sponsored health plan)

*This list provides a summary of
elective procedures currently
available through our Surgical &
Imaging program. Surgery is
available for all members age 18+
enrolled in group's medical plan.*

*Because we work with contracted
facilities across the country,
procedure availability may vary
based on location. We are
continually expanding access by
adding new providers nationwide.*

*Please note: the program is
designed for elective procedures
and does not include urgent
surgery/procedures requiring an
acute hospital setting.*

Arthroscopy - General

Knee - Diagnostic/OR meniscus repair, ACL, etc.
Shoulder - includes Capsulorrhaphy/ Bankart
Elbow
Wrist
Hip
Ankle

Ear, Nose & Throat

Inner Ear - Stapedectomy
Mastoidectomy (Simple)
Tympanoplasty and Mastoidectomy
Myringoplasty
Ossiculoplasty
Bilateral Submucosal Resection of Turbinates
Septoplasty
Sinus/Turbinates Bilateral
Parotidectomy
Thyroidectomy- Total or Partial
Thyroidectomy, Complex
Adenoidectomy
Adenoidectomy and BMT
Tonsillectomy
Frenulectomy
Esophagoscopy With or Without Dilatation/Biopsy

Elbow

Bursectomy (Elbow)
Distal Biceps Re-attachment Ulnar Nerve Transposition /
Epicondylectomy

Foot & Ankle

Achilles Repair
Tarsal Tunnel Release
Brostrom Repair of ankle/ Reconstruction
Bilateral Bunionectomy
Unilateral Bunionectomy
Hammertoe Reconstruction
Arthrodesis of Great Toe/
Metatarsophalangeal Joint
Plantar Fasciotomy
Tarsal Tunnel Osteotomy
Partial Excision of Gastrocnemius Recession
Plantar Fasciotomy
Morton's Neuroma Excision

General Surgery

Hemorrhoidectomy
Non-Urgent Laparoscopic or Open Cholecystectomy (Gall Bladder Removal)
All Hernia Repairs
Pilonidal Cyst Removal
Non-Urgent Laparoscopic Appendectomy

GI

Colonoscopy and EGD
EGD
Colonoscopy

GU

Anterior Repair
Epididymectomy /Partial Epididymectomy
Total Hydrocelectomy
Transurethral Resection of Prostate
Mini-Arc Urethral Suspension
Posterior Repair

Hardware Removal

Complex
Simple

Hip

Hip Arthroscopy (Simple or Complex) With W/O Labral Repair
Total or Partial Hip Arthroplasty (Repair)- Includes Implants

Imaging

MRI
CT Scans
PET Scans
Arthrograms
X-ray in conjunction with MRI/ CT

Knee

Anterior Cruciate Ligament Repair with Allograft OR Allograft Posterior Cruciate Ligament Repair Medial Collateral Ligament
Tibial Tubercle Osteotomy
Complete Synovectomy
Chondroplasty
Medial & Lateral Meniscectomy
Total OR Partial Knee Arthroplasty (Knee Replacement)

Shoulder

Rotator Cuff Repair-Arthroscopic and Open
Shoulder Manipulation (With or Without anesthesia)
Repair Pectoralis Muscle Rupture
Bankart Stabilization or Labral Repair
Distal Clavicle Excision Extensive debridement
Subacromial Decompression-Arthroscopic
Total Shoulder Arthroplasty / Replacement

Spine

Microdiscectomy
Lumbar Laminectomy
Anterior Cervical Discectomy with Fusion, 1 level (includes hardware)
Anterior Cervical Discectomy with Fusion, 2 level (includes hardware)

Women's Health Surgery

Hysterectomy
Hysteroscopy

Wrist & Hand

Carpal Tunnel Release (Open or Laparoscopic)
Dupuytren's Contracture
Trigger Finger
Excision of lesion of tendon sheath or joint capsule (ex. cyst, mucous cyst, or ganglion)
Ganglion Excision
Synovectomy/Tenosynovectomy

Other Specialties offered

Bariatric Surgery- for weight loss
Regenexx- Non-surgical treatment for orthopedic issues/injuries/pain

This list is meant as a summary of elective procedures available through the KISx program at the current time. Procedure availability can vary throughout the country, if we do not have a facility that is within a reasonable distance. Certain procedures may not be available until we are able to get facilities on board. New procedures may be added at any time without notice. Pediatric Surgeries are NOT covered through this program. We also do not accommodate any urgent surgical procedures or those that need to be done in an acute hospital setting.

KIS  Card is now Vālenz[®] Health